



TRANSITION
TO
SECONDARY



Year A: Term 3
Athletics, Tennis
Swimming, cricket,
rounders

Year A: Term 2
Dance, Netball
Forest School

Year A: Term 1
Tag rugby
Gymnastics Hockey

Children apply skills they have learnt in isolation to different sports. They can perform learnt techniques at pace and under pressure.

Years:
5/6
Stags

Year B: Term 3
Athletics, Swimming,
Basketball, cricket, rounders

Year B: Term 2
Dance, Forest School,
Ultimate Frisbee,

Year B: Term 1
Handball, Hockey
Gymnastics, Football

Year A: Term 1
Hockey, Gymnastics

Year A: Term 2
Dance, Inclusive sports, Outdoor
Adventurous Activity

Year A: Term 3
Athletics, Netball
Tennis

Children continue to develop their confidence in performing movements in isolation and are starting to participate in more competitive small games. They are starting to show personal resilience and stamina.

Years:
3/4
Buzzards

Year B: Term 1
Handball, Gymnastics

Year B: Term 2
Dance, Ultimate Frisbee,
Netball

Year B: Term 3
Athletics,
Cricket

In Year 3 and 4 children continue to develop their physical skills and coordination, and their personal and social attributes. They develop running, jumping, throwing, and catching in isolation and in combination. They play competitive games applying basic principles for attacking and defending.

Year A: Term 1
Multi skills, hand-eye coordination,
Dance

Year A: Term 2
Multi skills
Gymnastics
Team sports

Year A: Term 3
Multi-skills
Athletics

In Year 1 and 2 children will develop health and fitness through their physical activity, they will develop cognitively and creatively through their dance and gymnastic performances; and social and personal attributes through competitive games.

Years:
1/2
Butterflies

Year B: Term 1
Multi skills, hand-eye
coordination,
Dance

Year B: Term 2
Multi skills
Gymnastics
Team sports

Year B: Term 3
Multi skills
Athletics

Children will develop their physical development through riding scooters, climbing on apparatus, playground games and ball skills. They will learn to match their physical skills to tasks, and activities in appropriate settings. They will learn to collaborate with others sharing resources. They will develop their stamina and strength as they engage in activities.

Multi skills: balance,
kicking, throwing,
team games.

Multi skills: balance,
movement, dance.

Multi skills: balance,
kicking, throwing

Years:
EYFS
Foxes/Cubs

